



the Parent LINK

Children's Ministry Edition



January 2012



POWERSOURCE

ASK GOD:

1. For guidance as you set appropriate rules and boundaries.
2. To help you deal with rebellion in a calm, positive, and loving manner.
3. To forgive you when you rebel against God and his commands.

Deal With Rebellion Constructively

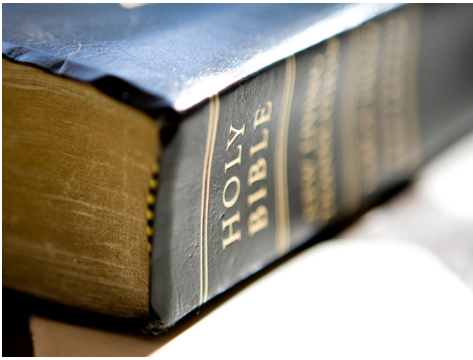
Because of sin, all of us rebel against authorities and God. As parents quickly discover, children are no exception. These little “angels” assert independence by rebelling against rules from a young age. But the Bible instructs parents to discipline children out of love, molding them into Christians who strive to obey God and respect other people. Use these strategies for dealing with rebellion as children grow:

- Birth to 2 years: Accept that God gives even newborns the ability to display unique temperaments. Provide lots of comfort and warmth.
- 3 to 4 years: Listen carefully and respond to children’s physical and emotional needs. Explore what upsets them. Model Christ’s love by giving kids affection.
- 5 to 7 years: Offer choices and clear consequences for disobedience. Balance your demands with warmth and reason.
- 8 to 12 years: Consistently enforce rules. Let children know you trust them, and praise them for a job well done. Evaluate tough situations and ask what kids can do differently next time.

INSIGHTS

- In a survey of 2,000 parents with children ages 2 to 11, 38% said they use the same discipline method as their own parents did.
- Parents report using the following discipline methods frequently: time-outs (42%), removal of privileges (41%), sending to bedroom (27%), yelling (13%), and spanking (9%).
- One-third of parents believe their discipline approach is ineffective.

(cpj.sagepub.com)



“Christ Jesus came into the world to save sinners”—and I am the worst of them all. But God had mercy on me so that Christ Jesus could use me as a prime example of his great patience with even the worst sinners.
(1 Timothy 1:15)

God used Paul, who once persecuted Christians, to spread the news of God’s grace and forgiveness.

TEACHABLE MOMENTS

1. When You Were My Age— Share with children some of the rules you had to follow while growing up, whether they’re different from or similar to your current household rules. Then discuss some ways rules are good for us, even when we don’t like to follow them.

2. God’s Grace— While discussing people in the Bible who made bad choices and faced consequences, be sure to emphasize God’s grace, as well. For example, King David suffered greatly after sinning, but he sought—and received—God’s forgiveness.



3. Commandments 2.0— Work together to reword each of God’s Ten Commandments as a loving guideline from a loving God. For example, you may write, “Because I want you to be protected from religions that would mislead you, don’t have any other gods except me.”

Discuss rebellion and obedience by asking children these conversation-starting questions:

1. What makes people rebel, or break the rules? Why is it sometimes difficult to do what we’re supposed to do?
2. How is rule-setting an act of love? What should we do when a rule doesn’t seem loving or when we disagree with it?
3. How does God respond to our sins and mistakes? How do you respond when other people break rules, and why?

FAMILY EXPERIENCE

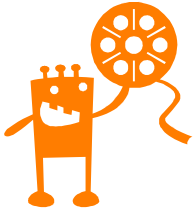
Use these activities to share the message that God wants us to follow and obey him.

The Master’s Voice— Set up an obstacle course and have family members take turns trying to navigate it while blindfolded. Designate one person to give correct directions while everyone else shouts out wrong directions. Afterward, discuss what it was like trying to decide which voice to trust. Read John 10:1-5. Ask: “What makes it difficult to hear God’s voice and follow his instructions? What are some ways God speaks to us and helps us learn to hear him?” Close in prayer, asking God to make you good listeners and followers of him.

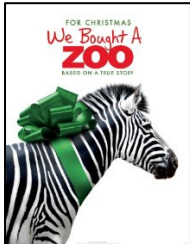
• **Family Footprints—** Make imprints of your feet as reminders to walk with God. You’ll need a large sheet of black plastic, sand, plaster of Paris, water, and a mixing bucket. Pour 3 inches of sand onto the black plastic. Mix enough water into the sand so it’ll hold a mold. Mix the plaster of Paris and water in the bucket according to the directions. Help each family member press a foot 2 inches into the sand. Carefully pour plaster into each footprint. The plaster takes 30 minutes to harden.



While prints are drying, read aloud Joshua 22:5 and discuss what it means to walk with God. Ask: “What ways do we rely on each other? What ways do you rely on God? How are these ways similar or different?” When the footprints have hardened, gently dig them out. Then display them in your yard or garden as reminders to obey and walk with God.



MEDIA MADNESS



MOVIES

Movie: *We Bought a Zoo*

Genre: Comedy, Drama

Rating: PG (for language and some thematic elements)

Cast: Matt Damon, Elle Fanning

Synopsis: After his wife dies, a father moves his family to a new home that comes with a struggling private zoo. The ensuing adventures help the family pull together and heal.

Our Take: Use this film, based on a real story, as a launching point to discuss challenges you've faced and overcome as a family.



MUSIC

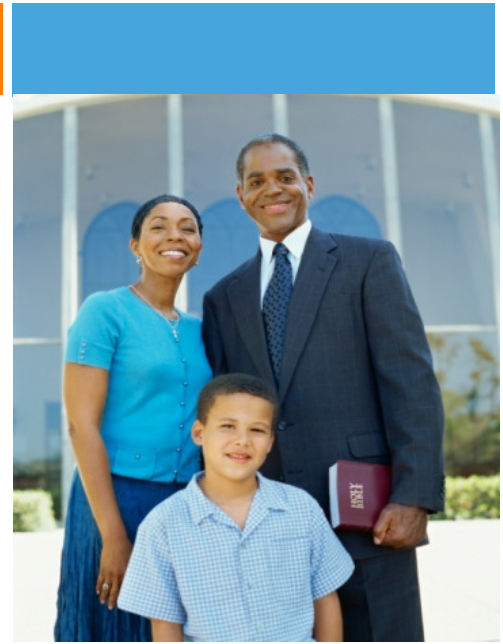
Artist: Rachel Chan

Album: *Go*

Artist Info: Rachel is the 15-year-old daughter of preacher and author Francis Chan.

Summary: Rachel's debut album addresses common struggles, such as disobeying parents. The song "Prove It" puts a "funny twist on what a godly relationship between father and daughter should look like," she says.

Our Take: Rachel's talent and boldness about her faith make her a positive influence on preteen music fans.



CULTURE & TRENDS

- Studies show that religious identity and the friends you make at church lead to happiness. The close interactions, researchers say, are what contribute to feelings of well-being. *(American Sociological Review)*
- Music stations such as Radio Disney acknowledge that parents are now a core part of their audience. They're reaching out to people who grew up listening to those tunes. Marketers say a mixture of genres has led to Radio Disney's longevity. *(reuters.com)*

QUICK STATS

- As many as 10% of kids have an anxiety disorder. Experts recommend parents acknowledge feelings, provide plenty of down time, and encourage physical exercise and journaling. *(Dept. of Health & Human Services)*
- 71% of moms say they can't go more than a day without using the Internet. Meanwhile, 42% of children think their parents need to disconnect from technology more at home.
- *(parenting.com)*



GAMES

Title	Content	Rating & Platform
Fortune Street	Players move along a board, similar to Monopoly. They can choose to be a variety of characters and play on 15 different game boards.	E; Wii
Aqua Mania	This compilation of "sims" for water lovers includes My Sim Aquarium, My Ocean Sim, and three other games.	E; PC (\$4.99 at amazon.com)
Star Walk	With this GPS-based app, families can go on a walk at night and learn about stars and planets, with charts tailored to your location. (Use adult supervision.)	\$3 at itunes.com

This page is designed to help educate parents and isn't meant to endorse any movie, music, or product. Our prayer is that you'll make informed decisions about what your children watch, listen to, and wear.



January 2012

Check-in → Parents, in order to allow our teachers time to prepare for our kids, please wait until *9:00 am* to drop off your children in their classrooms on Sunday mornings.

Check out these upcoming events for children and families!

January 1 • One Worship Service at 10:45 K-5th grade attend worship with their parents

January 6 • Parents' Night Out 6:00-9:30 Deadline to register 4pm January 3rd.

January 6 & 7 • Pre-teen Invasion for 4th & 5th graders

January 18 • KidzPointe 6:30 - 8:00pm

January 22 • Parenting Class for Baby Dedication 10:45 Bain Room 209

January 25 • KidzPointe 6:30– 8:00 pm

January 29 • Family Fun 5th Sunday & Missions Day



KidzPointe is the Wednesday night place for kids! It's a crazy, fun night of Scripture, games, Bible study, and building relationships.

Don't miss it! The brand-

new, first-ever semester of KidzPointe begins January 18 in the Bain Building.

Wednesdays, 6:30-8:00pm

K-5th Graders: KidzPointe

4 & 5 Year Olds: Preschool KidzPointe

Babies - 3 Year Olds: Wednesday Night Childcare (contact [Christy](#) to register for childcare)

Look what our Preschool is learning this month!

Key Question: Who can do anything?

Memory Verse: "With God, all things are possible."

Matthew 19:26, NIV

Basic Truth: Jesus can do things no one else can do. • 1

John 2:1-11

Week 2 Jesus can do things we can't • Luke 5:1-11

Week 3 Nothing is too hard for Jesus • Mark 6:30-44

Week 4 Jesus can do what is impossible • Mark 6:45-51

Week 5 Jesus has power over everything • Matthew 8:23-27

Pre-teen Invasion January 6th & 7th

Hey 4th & 5th graders! We are heading north (to Alexandria) for a Pre-teen Invasion, hosted by Louisiana College. We will leave Friday night, January 6th at 5:30 pm from the Bain foyer. We will spend the night at Tall Timbers Camp (in Woodworth, LA) and then drive into Alexandria for the event on Saturday, January 7th. Cost is \$60/child and includes the night at Tall Timbers, breakfast, the activities at the Pre-teen Invasion and lunch. The event ends around 3:30 pm and we will head home and be back at Istrouma at 6:30 pm. We will travel in vans with some parents driving. Cost \$60 contact Lauren at lbrown@istrouma.org to check availability. You can print the medical release form by going to www.istrouma.org/stuff

K-5th Grade Weekly Lessons!

Virtue Self-Control: Choosing to do what you should do instead of what you want to do.

Memory Verse: "My dear brothers and sisters, pay attention to what I say. Everyone should be quick to listen. But they should be slow to speak. They should be slow to get angry." James 1:19, NIV

Lessons

January 8 Slow to Anger • Proverbs 16:32

January 15: Reckless Words • Proverbs 12:18

January 22: Too Much of a Good Thing • Proverbs 25:16

January 29: Family Fun 5th Sunday & Missions Day

There is an iPhone app available for [Parent Cue](#) this is a great parent tool to reinforce the lessons your child is hearing on Sunday Mornings.



Once a month from 6-9:30



Check out our Facebook page "Istrouma KIDZ" for what is happening in our ministry!